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HARMONY TOUCH

AESTHETICS

# Diode Laser Hair Removal

Discover a safe, efficient, and enduring solution for hair reduction through state-of-the-art diode laser technology. This technique precisely targets hair follicles, resulting in smoother skin with minimal discomfort. Suitable for all skin types, diode laser hair removal can achieve an 80-90% reduction in hair, leading to slower, finer, and more dispersed regrowth, empowering you with confidence in every area you opt to treat.

## FACIAL AREA

<u>Area</u>	<u>Teens</u>	<u>Ladies</u>	<u>Men</u>
Ears	R 95	R 120	R 145
Forehead	R 200	R 235	R 280
Unibrow	R 120	R 170	R 200
Upper lip	R 160	R 200	R 240
Lower lip	R 170	R 240	R 260
Chin	R 170	R 240	R 260
Shave line	R 145	R 180	R 220
Jawline	R 145	R 180	R 220
Sideburns	R 145	R 180	R 220
Cheeks	R 175	R 240	R 280
Nose	R 135	R 170	R 190
Neck front	R 220	R 280	R 320
Neck back	R 220	R 280	R 320
Full Head	R 500	R 650	R 700
Full Beard	R 500	R 650	R 700
Full Face	R 600	R 700	R 850



# How It Works & Why You'll Love It

Diode laser hair removal works by delivering targeted light energy directly into the hair follicle, gently heating and disabling it at the root. Because hair grows in cycles, multiple sessions are essential to treat each follicle during its active growth phase—this is when the laser is most effective. With every session, hair becomes lighter, finer, and less noticeable, leading to smoother skin and long lasting reduction.

Booking a course of treatments ensures the best, most permanent results.

## MIDDLE BODY

<u>Area</u>	<u>Teens</u>	<u>Ladies</u>	<u>Men</u>
Half arm	R 500	R 600	R 700
Three quarter arms	R 650	R 800	R 950
Full arm	R 750	R 1050	R 1250
Underarm	R 240	R 320	R 400
Hands	R 160	R 180	R 220
Fingers	R 120	R 160	R 180
Toes	R 120	R 160	R 180
Lower back	R 500	R 650	R 900
Upper back	R 675	R 750	R 950
Full back	R 1000	R 1250	R 1600
Areola	R 120	R 160	R 180
Chest	R 600	R 750	R 950
Stomach	R 600	R 750	R 950
Tummy line	R 260	R 350	R 500
Buttocks	R 450	R 550	R 700



# Disclaimer

Treatments listed under the Bikini section are available to female clients only. Harmony Touch Aesthetics reserves the right to refuse treatment at any time for the safety, comfort, and well being of both clients and practitioners.

## BIKINI

<u>Area</u>	<u>Teens</u>	<u>Ladies</u>
Mini Bikini	R 400	R 500
G-String	R 450	R 550
Brazilian (Strip)	R 520	R 640
Brazilian extended	R 600	R 750
Hollywood	R 680	R 800
Hollywood extended	R 800	R 920



## LEGS

<u>Area</u>	<u>Teens</u>	<u>Ladies</u>	<u>Men</u>
Half leg (incl knee)	R 1000	R 1250	R 1400
Three quarter leg	R 1150	R 1500	R 1650
Full leg	R 1550	R 1850	R 2050



# IPL Laser treatments

Experience gentle, effective hair reduction with advanced IPL (Intense Pulsed Light) technology. Using broad-spectrum light, IPL targets the pigment in the hair follicle to gradually weaken and reduce regrowth over time. This treatment offers smoother skin, improved texture, and minimal discomfort, making it a comfortable choice for many clients. With consistent sessions, IPL delivers noticeable, long lasting reduction, helping you enjoy smoother skin and boosted confidence in every area you choose to treat.

## IPL LASER HAIR REMOVAL

<u>Area</u>	<u>Teens</u>	<u>Ladies</u>	<u>Men</u>
Upper Lip	R 105	R 145	R 180
Chin	R 105	R 145	R 180
Sideburns	R 145	R 195	R 240
Full Beard	R 240	R 320	R 400
Unibrow	R 95	R 130	R 160
Brazilian Bikini	R 240	R 320	NA
Mini Bikini	R 195	R 255	NA
Hollywood	R 435	R 575	NA
Under Arms	R 145	R 195	R 240
Lower Arms	R 215	R 285	R 360
Full Arms	R 315	R 415	R 520
Upper Legs	R 480	R 640	R 800
Lower Legs	R 480	R 640	R 800
Full Legs	R 900	R 1200	R 1500
Full Back	R 1080	R 1440	R 1800
Chest	R 390	R 520	R 650



# IPL Skin Treatments

Experience brighter, clearer, and more youthful looking skin with advanced IPL Photo Rejuvenation technology. Using targeted pulses of broad spectrum light, IPL gently treats uneven skin tone by breaking down excess pigmentation, reducing sun damage, and stimulating collagen production. This non invasive treatment helps improve overall skin texture, diminish age spots, and restore a fresh, radiant complexion. With a recommended course of sessions, results become progressively more visible, leaving your skin smoother, more even toned, and glowing with renewed confidence.

## Harmony Light Renewal Facials

*Harmony Light Renewal Facial* R 545

*(IPL Facial)*

*Crystal Harmony Light Facial* R 835

*(IPL Facial with the crystal fiber mask)*

*Harmony Light & Derma-Glow* R 605

*(IPL Facial & Dermaplaning with A Harmony Touch)*

*Crystal Harmony Light & Derma-Glow* R 895

*(IPL Facial & Dermaplaning with A Harmony touch & the Crystal fiber mask)*



## IPL Skin Treatments

Face, Neck, & Chest	R 875
Full Face	R 435
Chest	R 455
Neck & Chest	R 685
Neck	R 405
Hands	R 350



# Nd:YAG Laser treatments

ND:YAG laser technology is an advanced skin treatment designed to safely improve overall skin tone, texture, and clarity. This powerful yet gentle laser works deep within the skin to stimulate collagen production, refine pores, and promote smoother, healthier-looking skin.

## Black Diamond Facials

Black Diamond Facial	R 515
Crystal Black Diamond Facial <i>(Carbon facial with Crystal fiber mask)</i>	R 805
Black Diamond & Derma-Glow Facial <i>(Carbon facial with Dermaplaning)</i>	R 575
Crystal Black Daimond & Derma-Glow <i>(Carbon Facial with Dermaplaning &amp; Crystal fiber mask)</i>	R 865
Black Diamond Face & Neck	R 675
Black Diamond Face, Neck & Chest	R 775
Black Diamond Hands	R 350



## Pigmentation Correction

Sun Spot <i>(per spot)</i>	R 50
Melasma Patch <i>(per melasma patch)</i>	R 120
Melasma Full Face	R 700



# Tattoo Removal

Experience safe, effective tattoo fading and removal with advanced Nd:YAG laser technology. This treatment targets unwanted ink by delivering precise pulses of light that break pigment particles down into smaller fragments, allowing the body to naturally eliminate them over time. The Nd:YAG wavelength is designed to treat a wide range of ink colours—especially darker pigments—while remaining gentle on the surrounding skin. With consistent sessions, tattoos gradually lighten and fade, helping you restore clear, confident skin.

*Disclosure: Numbing cream can be applied before treatment for added comfort, available at an additional charge. Tattoo removal price to be confirmed on consultation based on size and colour*

## Tattoo Removal

<u>Area</u>	<u>Estimated Price</u>
Extra Small	R300
Small	R500
Medium	R850
Large	R1100
Extra Large	R1750+



## Numbing Cream

Area	Price
Small Area	R45
Medium Area	R85
Large Area	R200



# Mesoesthetics Facial

Experience advanced, results driven skin rejuvenation with the Mesoesthetics Facial. This treatment uses high performance professional formulas designed to deeply nourish, repair, and revitalise the skin. Each session targets concerns such as dullness, dehydration, fine lines, and uneven texture—helping restore a brighter, healthier, and more youthful looking complexion. With consistent treatments, the skin becomes smoother, firmer, and noticeably more radiant, leaving you feeling confident and refreshed.

## Mesopeel

Treatment	Standard	Crystal Fiber Mask
Melanostep Tran3x	R885	R1135
Jessner Pro	R885	R1135
Blemiskin	R885	R1135
Eyecon	R275	R325
Melantran3x	R1750	R2150
Depigmentation		



## About mesoestetic®

Mesoestetic® is a global leader in medical cosmetics and aesthetic medicine, known for its science driven, clinically proven skincare solutions. With over 35 years of research and their own pharmaceutical laboratory in Barcelona, they ensure the highest standards of quality, safety, and effectiveness in every product they create. Specialising in depigmentation, anti ageing, acne, and advanced skin rejuvenation, mesoestetic offers tailored treatments that address each person's unique skin concerns—delivering visible, long lasting results backed by continuous innovation and professional trust worldwide.

In the coming months, we will proudly be adding the mesopeel® MD range from mesoestetic® offering advanced, professional grade solutions designed to target a wide variety of skin concerns with precision and scientific excellence.



# Microneedling

Achieve firmer, rejuvenated skin with advanced microneedling technology. By creating controlled micro channels in the skin, microneedling stimulates natural collagen and elastin production, helping reduce fine lines, acne scarring, enlarged pores, and uneven texture. This powerful, minimally invasive treatment enhances skin strength and renewal, delivering smoother, healthier, and more youthful looking skin over a series of sessions.

## Microneedling With Mesoesthetic

<u>Treatment</u>	<u>Standard Price</u>
Dynamic Wrinkles	R1925
Stretch Marks and Scars	R1925
Tightening and Firming	R1925
Depigmentation	R1925
Photo Ageing	R1925
Hair loss	R2850



# Dermaplaning

Experience smoother, softer, and brighter skin through professional dermaplaning. This gentle exfoliation removes dead skin and fine hair for better product absorption and flawless makeup. Enjoy a deep relaxing facial massage and mask with Harmony's Signature Touch treatment, ensuring relaxation with every result-driven session.

## Derma-Glow Facial

Derma-Glow Facial	R 445
Crystal Derma-Glow	R 755
Derma-Glow add on	R 225

